

RULES AND REQUIREMENTS FOR PARTICIPATION ON TRAILS WEST FIELD TRIPS

All attendees **must** be a member of Trails West, Inc.

It is the responsibility of each participant to observe the following.

The trip leader is the final authority on all trip activities. If you have any concerns about your physical condition, or the suitability of your vehicle for participating on a trip, contact the trip leader.

EQUIPMENT

TIRES--On most trips, expect to travel on rough, rocky roads in remote areas. Participants are responsible for assuring that they have the type of vehicle required for the trip. Usually it will be a high clearance vehicle with adequate tires (preferably 6 ply rated) including a full sized spare tire. Check that your spare is fully inflated and check that it actually can be removed from your vehicle. Check it!

You are responsible for repairing any flats and/or changing your spare.

VEHICLE--On some trips, a four-wheel-drive vehicle will be required.

VEHICLE JACK--A fully functioning vehicle jack is required. Check it!

RADIO--A fully functioning GMRS radio is **REQUIRED** on all trips.

In addition to the items noted, it is strongly recommended that each vehicle carry extra water, a fire extinguisher, first aid kit, shovel, and a trash bag.

If you want to bring trailer, it **MUST** be approved in advance by the trip leader.

VEHICLE TRAVEL

When multiple vehicles are travelling together, some simple "rules of the road" will be used. These rules are:

1. Drive at a safe speed and maintain a safe distance between your vehicle and the one in front of you. Do not lag farther behind the vehicle in front of you than is necessary for safety.
2. Drive with your headlights on.
3. When turning off the road you are travelling on, be sure to wait until the vehicle behind you is close enough to see you making the turn.

4. Use your GMRS radio to keep other vehicles informed concerning road hazards and oncoming vehicle traffic.
5. If for any reason you decide to leave the group, you **MUST** advise the trip leader of your plans.
6. If you leave the group to go to a motel, or any other reason, it is your responsibility to be back to the designated location and time to join the outing. The group **WILL NOT** have the time to look for you!

PETS

Most trips will be pet free. If you wish to bring a pet on the trip, you **MUST** get prior permission from the trip leader. All pets **MUST** be kept on a leash at all times and kept out of work and food areas. You are also responsible for cleaning up after your pet at all camp areas.

LIABILITY WAIVER/RELEASE FORM

All participants must sign a Liability Waiver/Release form in order to go on the trip. This will be provided by the trip leader and will need to be signed at the start of the trip.

EMERGENCY CONTACT INFORMATION FORM

This is optional, but a good idea to fill it out form and carry it with you in your vehicles glove box or center console while on the trip. The form will be sent to you prior to the trip.

DISPOSAL OF HUMAN WASTE

When possible, we select a site for the group camp that has an “outhouse.” When this is not possible, several other practices will need to be observed. These are:

1. Directing women to use one area and men to use another.
2. Dispose of human waste by using the “cat hole” method. This involves making a shallow hole and then covering it when you are finished. It should be dug in the top 6-8 inches of organic soil and be at least 200 feet away from camps, trails and water sources. Toilet paper must be buried in the hole or brought back to your trash bag. Do not leave it on the ground!

Cover and disguise the hole with natural materials when you are finished.

Folks may need to walk over 200 feet away from camp to insure that the “cat hole” locations are well scattered.